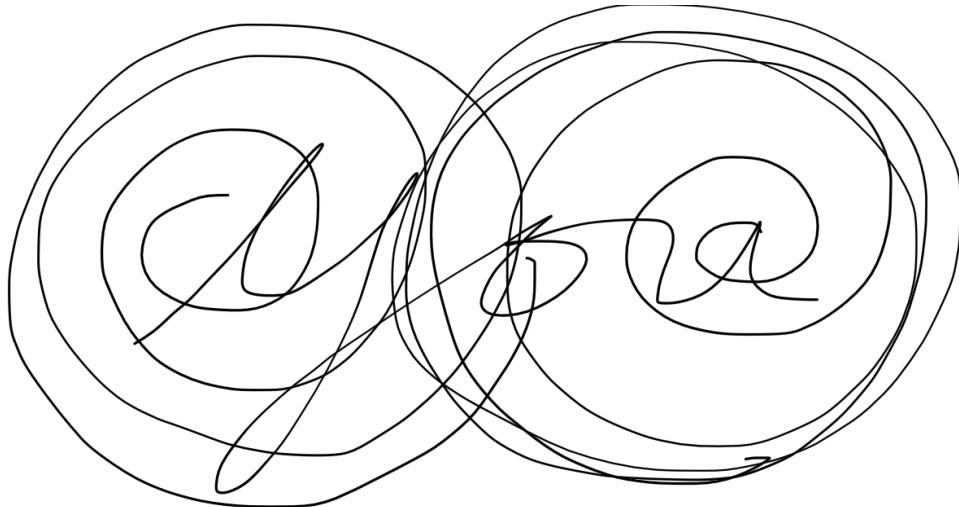


# *What Kind of Psychic Are You?*

## **Your Human Design Knows.**



by Andrea Mai

**Have you ever met someone with astonishing intuitive or psychic abilities and wondered, "Why can't I experience that?"**

It's a question many of us ask—especially when well-meaning spiritual teachers say, "Anyone can learn this."

And to some extent, that's true. But what if the real question isn't whether you can develop these gifts, but **how**—and more importantly, **in what way is truly meant for you?**

Here's what I discovered: **Not all intuitive paths are created equal.**

Your psychic potential isn't a blank slate. It's **wired into your energetic blueprint**. Trying to force an ability that isn't aligned with your design isn't just frustrating—it can drain your life force and lead you down paths you were never meant to walk.

**This is where Human Design changes everything.**

Human Design reveals your unique energetic architecture—showing you exactly where your natural intuitive strengths lie, and where your system is designed to be more selective, even protected. It doesn’t tell you what you can’t do. It shows you what you’re **designed to do best**, and how to develop those gifts without burning out or opening doors that aren’t yours.

## My Own Breakthrough

For years, I wondered why some people could see spirits or receive vivid visions, while my own intuitive hits came as quiet, sudden knowings—a soft inner voice, not a movie screen.

Then I understood: my design has a specialized filtration system. It allows certain insights—clear, pattern-based, survival-oriented intuition—while filtering out others. That’s not a limitation. It’s a protection. And it became my superpower.

If you’re ready to explore your intuitive design—to stop comparing and start cultivating the gifts that are authentically yours—I’ve created something to help.

## Introducing Your Personalized Intuitive Development Blueprint

I wrote ***Know Thyself: A Modern Guide to Human Design & AI*** as your practical handbook for decoding your chart and applying its wisdom to your life—and especially to your intuitive development.

This isn’t just a theory book. It shows you how to use modern AI as your personal Human Design analyst, turning complex chart data into **actionable, personalized guidance**.

When you get ***Know Thyself***, you can use this **FREE custom AI prompt** that generates your own **Personalized Psychic & Mediumship Development Report** based on your unique chart.

This tailored report will outline:

- **Your Primary Intuitive Strengths** – Where your natural “antenna” is strongest.
- **Your Unique Mediumship Potential** (with crucial safety protocols).
- **How Your Intuition Actually Works** – The mechanics of your inner guidance system.

- **Personalized Development Exercises** – Aligned with your design, not someone else's.
- **Potential Pitfalls & How to Avoid Them** – So you grow with clarity, not confusion.

This isn't a generic guide. It's a **custom roadmap** built for your energy type, your authority, and your specific design.

### **Why This Matters Now**

We're in an era of spiritual exploration—and also unprecedented spiritual confusion. It's easy to get lost in others' expectations, others' abilities, others' definitions of what's "psychic" or "awake."

Your Human Design is your anchor. It's the one system that doesn't tell you who you *should* be—it reveals who you **already are**, and how to trust the guidance system you were born with.

Whether you're beginning your journey or have been on the path for years, understanding your design helps you:

- Stop wasting energy on practices that drain you.
- Start trusting the gifts you actually possess.
- Develop with sovereignty, not susceptibility.
- Align your spiritual practice with your life's purpose.

### **Your Next Step**

If you're ready to move beyond comparison and into your unique expression of intuition...

If you're tired of one-size-fits-all advice and want a guide—and a tool—tailored to your energy...

**Your blueprint is waiting.**  
[Get "Know Thyself" here](#)

## PSYCHIC PROMPT

**PREREQUISITE FOR THE PROMPT:** This powerful AI tool requires your complete Human Design chart data. ***Know Thyself*** gives you the exact methodology to obtain, understand, and apply this data—turning the prompt into your personal guide.

### **AI Prompt: Human Design Psychic & Mediumship Development Guide**

#### **Instructions for the AI:**

You are a wise, pragmatic guide in Human Design and authentic spiritual development. Your tone is empowering, clear, and free of fluff. Analyze the following Human Design chart data to create a **personalized report on intuitive, psychic, and mediumship potential.**

Structure the report as follows:

#### **1. PRIMARY INTUITIVE ARCHITECTURE:**

- Identify the person's **Defined Centers**—these are their consistent inner authorities.
- Explain how each Defined Center contributes to their intuitive style (e.g., Spleen = instant gut knowing; Ajna = conceptual insight; Crown = inspiration).
- If the Spleen is defined, list its activated gates and describe the **specific intuitive flavor** this creates (e.g., Gate 57 = clairaudient clarity; Gate 44 = pattern recognition).

#### **2. MEDIUMSHIP POTENTIAL & SAFETY PROTOCOLS:**

- **If the Spleen is defined:** Explain that this provides a potential “secure channel” for spiritual communication, but it is often **specific and selective** (e.g., attuned to ancestral patterns, spiritual guides, or soul family).
- **If the Spleen is undefined/open:** Explain that mediumship-like experiences may occur through absorption and amplification, requiring strong discernment.
- **Regardless of definition, provide the following safety protocols:**
  - Always ground intuitive hits in the body's authority (Sacral, Emotional, etc.).
  - Set clear intention: “I am only open to communication that is for my highest good and aligned with my truth.”
  - Regular cleansing practices (salt baths, nature time, energy clearing).

- Never engage when emotionally charged or mentally cloudy.

**3. HOW THEIR INTUITION WORKS (MECHANICAL PROCESS):**

- Describe the **physiological pathway** of their intuition (e.g., "A sudden gut sensation followed by a mental image").
- Explain how it interacts with their **Inner Authority** (Sacral, Emotional, Splenic, etc.). Emphasize that intuition must be **validated by Authority** before action.

**4. POTENTIAL PITFALLS (BASED ON OPEN/UNDEFINED CENTERS):**

- List their Open Centers and explain how each can **distort or impersonate** true intuition.
- Provide a simple warning for each (e.g., "Your Open Solar Plexus can mistake absorbed emotions for intuitive hits. Ask: 'Is this feeling mine?'").

**5. PERSONAL DEVELOPMENT PATH:**

- Offer **two practical, personalized exercises** to safely develop their gifts:
  - One **solitary exercise** (e.g., intuitive journaling, meditation).
  - One **relational exercise** (e.g., sharing insights with one trusted person for feedback).
- Emphasize that development should be **slow, respectful, and integrated into daily life**—not forced.

**6. FINAL EMPOWERMENT STATEMENT:**

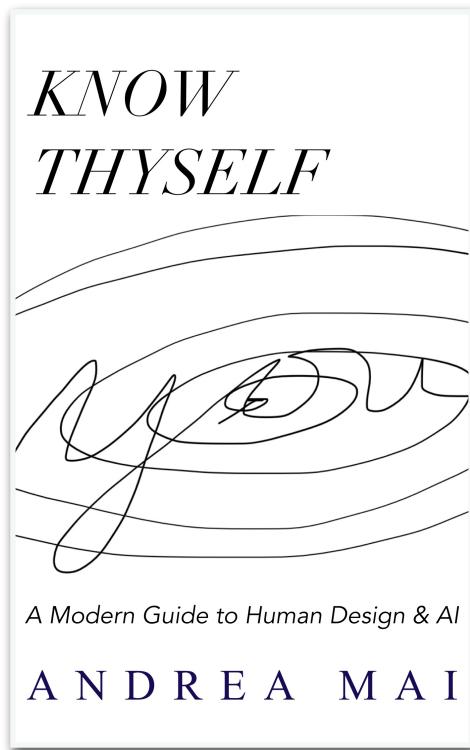
- Summarize their intuitive style in one clear sentence.
- Remind them that their gifts are for **their own guidance and mission first**, and to always prioritize sovereignty over spectacle.

**Tone:** Direct, encouraging, and mechanically precise.  
No vague spirituality.

**[INSERT CUSTOMER'S HUMAN DESIGN CHART DATA HERE]**  
(*Type, Profile, Authority, Defined/Undefined Centers, Gates by Center*)

Your intuition isn't random—it's by design.  
Get the handbook to decode yours.

Enjoying this deep dive? I occasionally send out new prompts, insights, and guidance. If that interests you, you can join [here](#).



[Link to Book](#)